

Medication List

Medications commonly used by clients with a Spinal Cord Injury

<u>Name of the Medication</u>	<u>Route</u>	<u>Description</u>
Bowel Management		
Bisacodyl Suppositories	Rectal	Used as a stimulant laxative to regulate and maintain a bowel regime
Bisacodyl Rectal solution	Rectal	Used as a stimulant laxative to regulate and maintain a bowel regime. Insert using a syringe
Dulcolax, liquid	Oral	Used to regulate and maintain a bowel regime
Glycerine Suppositories	Rectal	Used as a stimulant laxative to regulate and maintain a bowel regime
Lactulose, liquid	Oral	Used to regulate and maintain a bowel regime
Microlax Enema	Rectal	Used as a stimulant laxative to regulate and maintain a bowel regime
Movical, sachet (powder)	Oral	Used to regulate and maintain a bowel regime
Senna, tablets	Oral	Used to regulate a bowel regime (constipation).
Sodium Docusate, tablets	Oral	Used to regulate and maintain a bowel regime (constipation)
Bladder Management		
Oxybutynin, capsules	Oral	Used to control neurogenic bladder instability
Tolterodine, tablets	Oral	Used to reduce spasms of the bladder muscles
Trimethoprin, tablets	Oral	Used to treat infection of the urinary tract
Autonomic Dysreflexia		
GTN Spray	Oral	Normally used to treat angina and is also prescribed for client with a SCI and used to reduce to signs and symptoms of Autonomic Dysreflexia . Place under the tongue.
Nifedipine, capsules	Oral	Used to reduce to signs and symptoms of Autonomic Dysreflexia . Place under the tongue.*Client will need assistance to break capsule and pour liquid into mouth. This is being used less often.
Managing Muscle Spasm		
Baclofen, tablets	Oral	Used to control/reduce muscle spasms resulting from a spinal cord injury.
Dantrium or Dantrolene capsules	Oral	Used to control/reduce muscle spasm.
Diazepam, tablets	Oral	Used to treat anxiety or used as a muscle relaxant to reduce muscle spasms
Tizanidine, tablets	Oral	Used as a muscle relaxant to relieve stiffness and restriction of muscles
Pain Management		
Aspirin, tablets	Oral	Used to treat mild pain and fever
Amitriptyline, tablets	Oral	Used for neuropathic (root) pain.
Codeine or Co-codamol	Oral	Used to treat mild to moderate to pain
Clonazepam, tablets	Oral	Used for neuropathic (root) pain.
Dihydrocoedine (DF118's), tablets	Oral	Used to treat moderate to severe pain

Name of the Medication	Route	Description
Diclofenac, tablets	Oral	Used as an anit-inflammatory to treat mild to moderate pain
Gabapentin, capsules	Oral	Used for neuropathic (root) pain.
Ibuprofen, tablets	Oral	Used as an anit-inflammatory to treat mild to moderate pain
Instillagel	Topical	Used as an anaesthetic to prevent pain and an antiseptic to reduce the risk of infection. Commonly used rectally when inserting suppositories or changing a Supra Pubic Catheter
Morphine sulphate, tablets	Oral	Used to manage moderate to severe pain
Mefenamic Acid, tablets	Oral	Used as an anit-inflammatory and for general pain relief
Oruvail Gel	Topical	For topical use only used to manage pain
Oramorph liquid	Oral	Morphine used to treat moderate to severe pain
Oxycodone, tablets	Oral	Used to treat severe pain as well as neuropathic (root) pain.
Oxycontin, tablets	Oral	Used to treat severe pain
Paracetamol, tablets	Oral	Used to treat mild to moderate pain
Pregablin, tablets	Oral	Used for neuropathic (root) pain.
Savlon Cream	Topical	Used as a antiseptic to cleanse skin wounds and aid pain relief
Targinact, tablets	Oral	Used to treat severe pain
Tramadol, capsules	Oral	Used to treat moderate to severe pain
Diabetes Management		
Glucophage, tablets	Oral	Used to control blood sugar level in the treatment of diabetes
Metformin, tablets	Oral	Used to control blood sugar level in the treatment of diabetes
Managing Depression and other disorders		
Citalopram, tablets	Oral	Is used to treat depression
Fluoxetine, capsules	Oral	(Prozac) is used to treat depression
Mirtazapine , tablets	Oral	Is used to treat depression
Other		
Alendronic Acid, tablets	Oral	Used for the prevention of osteoporosis
Cyclizine, tablets	Oral	Used to treat sickness (nausea)
Enalapril, tablets	Oral	Used to treat hypertension
Furosemide, tablets	Oral	Used to treat fluid retention and high blood pressure
Germalene Cream	Topical	Used as a antiseptic cream for minor skin issues including chapped and rough skin
Omeprazole, capsules	Oral	Used to treat certain conditions where there is to much acid in the stomach
Simvastatin, tablets	Oral	Used to lower cholesterol levels
Sodium Bicarbonate, capsules	Oral	Used as an antacid that raises the PH level in the stomach
Salbutamol Inhaler	Oral	Used for asthma and other conditions associated with reversible airways obstruction
Augmentin	Oral	Antibiotic for UTI'S

